

Session 2018-19
PG Diploma in Guidance and Counselling
Paper I
Theory & Practice of Guidance

A] Meaning & Concept of Guidance

1. Nature and Definition
2. Purpose & Scope of Guidance
3. Aims & principles of Guidance
4. Essentials of good guidance programmed

B] Need of Guidance in different areas {Educational}

1. Meaning objectives of Educational guidance
2. Need for educational guidance
3. Guidance of various level (Primary, Secondary & Higher)
4. Principles of educational guidance.

C] Need of guidance in different areas (Vocational guidance)

1. Meaning & different of vocational guidance
2. Aims of Vocational guidance
3. Need of vocational guidance
4. Steps in Vocational guidance

D] Need of guidance in different areas (Personal guidance)

1. Concept & objection of Personal guidance
2. Need & process of Personal guidance.
3. Personal guidance of different stages

E] Group guidance.

1. Nature & importance of group guidance
2. Principles & purpose of group guidance
3. Nature of group guidance
4. Occupational donation service

E] Techniques of guidance.

1. Sociometry
2. Class talks
3. Carrier Conference

F] Techniques of guidance

1. Case study
2. Cumulative record

G] Organization of guidance services

1. Meaning of Organization of guidance services

2. 2 Principles related to Organization of guidance services
3. Types & Characteristics of guidance programmed

H] Organization of guidance in school

1. Role of Principal
2. Role of teacher
3. 3.Role of guidance worker

I] Various Services in guidance programmed-

1. Information Service
2. Self inventory Service
3. Preparatory Service
4. Follow-up Service
5. Counseling Service
6. Research Service

Paper II Counselling Psychology

A] Nature & Concept of Counseling

1. Learning and Definition
2. Goals & objectives of counseling
3. Characteristics of counseling
4. Counseling and after term (Guidance, Teaching Psychotherapy Review)

B] Process

1. Basic assumptions of counseling
2. Principles of counseling process
3. Steps in counselling procedure
4. Fields or forms of counseling

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1. Basic assumption of Directive counseling
2. ii. Steps in Directive Counseling
3. Characteristics of directive counseling
4. Advantages and Limitations of Directive Counseling

F} Counseling Approaches-Non-Directive counseling

1. Basic assumptions in Non-Directive counselling
2. Characteristics of Non Directive counselling
3. Steps in Non-Directive counseling
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G} Counseling Approaches- Eclectic Counseling

1. Nature & concept of Eclectic counseling
2. steps in Eclectic counseling
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H} Mental Hygiene

1. Nature & concept of mental hygiene
2. Difference Between health and mental hygiene
3. Factors affecting mental hygiene
4. Principles of mental hygiene

I} Adjustment (Family & School)

1. Parent child Relationship
2. Husband & wife Relationship
3. Factors affecting family Relationship
4. Factors affecting School Relationship

J} Adjustment- Vocation & community

1. Nature and concept of vocational adjustment
2. Factors affecting vocational adjustment
3. Nature and concept of community adjustment
4. Factors affecting community adjustment

Marks-100

Paper III Vocational Psychology

A} Nature of Vocational Guidance

1. Concept of Vocation guidance
2. Need of Vocation guidance
3. Objectives of Vocation guidance,
4. Vocational Guidance Services

B} Nature of Vocational Counseling

1. concept of Vocation counseling
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C] Psychology of Work

1. Nature of Work
2. why people work
3. occupational differences & Individual differences
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1. Life stages of vocational development-Super, Zinzberg, Havighuest
2. General characteristics of life stages
3. Sub-stages of life stages

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1. vocational guidance for physically Handicapped
2. (Sensory-motor, multiple handicapped)
3. Vocational guidance for mentality handicapped
4. Occupational guidance for gifted children

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1. Concept of Vocational choice
2. Dimensions Vocational choice process
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1. Concept of Vocational satisfaction
2. Factors influencing Job satisfaction
3. (Economical, social, psychological, Environmental)

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1. Concept of Vocational adjustment
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Paper-IV

Rehabilitation Psychology

A] Nature of handicap-ness

1. Definition
2. Identification
3. Classification
4. Characteristic
5. Etiology

B] Physically handicapped (visually handicap)

1. Types
2. Causes
3. Blindness & child development
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1. Definition & methods
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- Nature of Work
- why people work
- occupational differences & Individual differences
- Career patterns

D] Vocational Development

- Life stages of vocational development-Super, Zinzberg, Havighuest
- General characteristics of life stages
- Sub-stages of life stages

E] Vocational Guidance for exceptional children

- vocational guidance for physically Handicapped
- (Sensory-motor, multiple handicapped)
- Vocational guidance for mentality handicapped
- Occupational guidance for gifted children

F] Vocational Choice

- Concept of Vocational choice
- Dimensions Vocational choice process
- Determinants of vocational device

G] Vocational Maturity

- Concept of Vocational maturity
- Characteristics of Vocational maturity
- Dimensions of Vocation maturity

H] Vocational Success

- Concept of Vocational success
- Characteristics of Vocational success
- Factors affecting vocational success

I] Vocational Satisfaction-

- Concept of Vocational satisfaction
- Factors influencing Job satisfaction
- (Economical, social, psychological, Environmental)

J] Vocational Adjustment

- Concept of Vocational adjustment
- Factors affecting vocational adjustment

Marks 100

Paper-IV Rehabilitation Psychology

A] Nature of handicap-ness

- Definition
- Identification
- Classification
- Characteristic
- Etiology

B] Physically handicapped (visually handicap)

- Types
- Causes
- Blindness & child development
- Education of visually handicapped

C] Physically handicapper (Aurally handicapped)

- Type of deafness
- Causes of deafness
- Education of deaf children

D] Physically handicapped (speech handicapped)

1. Typos & Causes
2. Children with delayed speech
3. Characteristics of delayed speech children
4. Suggestion to children with delayed speech & education of speech Defective children

E] Benefits & Planning by Govt. of India for handicapped

- Facilities provided by central Govt
- Rehabilitation Planning by central Reservation in employment.
- Relaxation in taxes
- Relaxation is travelling
- Aid for Education of handicapped

F] Mentally handicap

- Definition
- Criteria
- Types-Cerebral Palsy autism, mongolism, micro, Hydro
- Cephalous Cretinism

G] Assessment of mentally handicap

- Clinical Analysis's & interpretation of psychological test
- Sequin Gadded form board test
- Knox cube imitation test
- 4 Draw a man test
- Vineland social maturity scale
- Gussed developmental schedule

H] Education & Rehabilitation of MR

- 1-Specific problems of education for mentally retarded children
- 2 Prevention & treatment of MR
- 3 Education mentally retarded children
- 4 Parental attitudes & coping behavior M R children

I] Problem Children

1. Hyper active Children & restless, Aggressive
- 2 Shy & Bed-Wetting
- 3 Thumb Sucking & nail belting, Bed we
- 4Problems of adolescents
- 5 Scholastic back word ness

J] Behavior modification adjustment for normal

1. Definition & methods
2. Principles
- 3 Problem of adjustment
4. Methods of adjustment